

Safe Mobility Champion's Improving Safety for Patients and Employees

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Abstract Background Information: Mayo Clinic Rochester has started utilizing Safe Mobility Champions (SMC's) to ensure each unit has adequate knowledge about safety. The goal is to have at least one or two staff members from each unit participate in quarterly meetings. In these meetings all SMC's are updated on recent data involving falls and staff injuries. The meeting also goes over any new practices that have gone live in the last quarter and what to expect to see in the future. The last hour of the meeting members get time to use new lifts, practice safe transfers, and network with other members.

Objectives of Project:

1. Increase knowledge of safe transfers
2. Include staff in understanding increased or decreased fall rates
3. Provide members with a high knowledge of new practices, so they can educate other staff within their work unit

Process of Implementation: Nursing leadership members reached out to their staff to find volunteers to become a Safe Mobility Champion. These appointed staff members then attend quarterly meetings. These staff members then relate this information back to their work units. These members also serve as a resource on their units if anyone has concerns or questions about safe mobility.

Statement of Successful Practice: On my specific work unit (Gonda 15) we have only had one reported work injury. Staff have become more knowledgeable about how to perform safe transfers. We now have a sara stedy to help move unsteady patients safely. Ambulatory areas have seen an increase in patient falls. During this quarterly meeting we try to brainstorm why and how we can decrease this rate.

Implications for Advancing the Practice of Perianesthesia Nursing: Safe Patient Mobility has the potential to help decrease patient fall rates and decrease staff injury. This group helps identify shortcomings on specific units. They ensure each unit has the tools and knowledge to complete safe patient handling.